

Program

3rd International Conference on Parental Burnout

Thursday – September 5th

8:30	Check-in Opening
9:30-10:00	Auditorium 1 Opening Ceremony
10:00-10:30	Coffee break
10:30-12:00	Auditorium 1 Keynote 1: On Parenting Ideals: How Changing Conceptions of Childhood and Psychological Development Shape Parenting Advice Anna Katharina Schaffner
12:00-13:00	Floor 1 (Entrance floor) POSTER SESSION 1: ADVERSITY, CULTURE, AND ASSESSMENT The role of the ecological crisis in parental exhaustion Saliez, Z. ¹ ; Roskam, I; Macret, A.; Mikolajczak, M. ¹ IPSY, UCLouvain, Belgium Risk and protective factors of burnout according to parents of children with complex care needs: A qualitative study Patty, N. J. S. ¹ ; van Meeteren, K. M.; Verdonk, M.; Ketelaar, M.; Schuengel, C.; Willemen, A. ¹ Vrije Universiteit Amsterdam, The Netherlands Parenthood Regret: The Result of Social Pressure and Inhibitor of Prejudice Towards the Childfree? Ciesielski, P ¹ ; Tasker, F; Gato, J. ¹ Adam Mickiewicz University in Poznan, Poland

	<p>Parental burnout and cultural emotional scripts of parenthood in the Czech Republic Stepankova, L.¹; Lacinova, L.; Dansova, P.; Fejtova, B. ¹ The Psychology Research Institute, Masaryk University, Brno, Czech Republic</p> <p>Projective Study of Parental Burnout Truhan, E. A.¹ ¹ Belarusian State University (Minsk, Belarus)</p> <p>Parental burnout and its association with parental perfectionism and self-compassion: A study with Peruvian parents Buitrón-Huillca, E.¹; Manrique-Millones, D. ¹ Universidad Científica del Sur, Peru</p> <p>Intergenerational transmission of affect as a risk factor for Parental burnout Poljanec, A.¹; Kompan-Erzar, K.; Greif, P. ¹ Sigmund Freud University - Ljubljana branch, Slovenia</p> <p>Effectiveness of Online Group Interventions in Reducing Parental Burnout and Rebalancing Related Risks and Resources in Mothers Piotrowski, K.¹; Sanna, K.; Szramka-Pawlak, B.; Kamza, A.; Michalowski, J.; Gutkowska-Maciejuk, A.; Roskam, I.; Mikolajczak, M. ¹ SWPS University, Poland</p> <p>Parental burnout in the Basque Country: prevalence and sociodemographic data Sarrionandia, A.¹; Soroa, G.¹ ¹ University of the Basque Country, Spain</p>
13:00-14:00	Lunch

14:00-15:30	<p style="text-align: center;">Room 249 SYMPOSIUM Chair: Moira Mikolajczak</p> <p>Correlates of Parental Burnout in Couples, Prospective Parents, and Parents with Minoritized Sexual Identities Carone, N.¹; Gato, J.² ¹University of Rome Tor Vergata, Italy ² Faculty of Psychology and Education Sciences, University of Porto, Portugal</p>
	<p style="text-align: center;">Room 252 THEMATIC SESSION: INSIGHTS INTO PARENTAL BURNOUT AND COPARENTING: NAVIGATING THE PANDEMIC AND BEYOND" Chair: Konrad Piotrowsk</p> <p>Parental burnout, coparenting, and perceived family support in Portuguese higher education students during COVID 19 pandemic: A comparative study Beja, M. J. ¹; Franco, M. F.¹ ¹University of Madeira, Portugal</p> <p>Parental burnout, coparenting and violent behaviors in a sample of Peruvian mothers Manrique-Millones, D.¹; Dominguez-Lara, S. ¹Universidad Científica del Sur, Peru</p> <p>Young Parents During the Pandemic: Longitudinal Trajectories of Parental Burnout during COVID-19 lockdown Piotrowski, K.¹ ¹SWPS University, Poland</p> <p>Getting Ready for Parenthood: A Longitudinal Study on Adolescents' Relationships with their Parents as a Foundation for their Future Parenting Self-efficacy Geeraerts, S. B. ¹; Kerr, D. C. R.; Capaldi, D. M.; Deater-Deckard, K.; Meeus, W.; Branje S. J. T. ¹Utrecht University, Netherlands</p>

	<p>Room 252 THEMATIC SESSION: EMOTIONS AND PARENTAL BURNOUT Chair: Dorota Szczygie</p>
15:30-17:00	<p>Unveiling Emotion Regulation Strategies of Burnt-Out Parents Szczygie, D.¹; Lin, G. ¹SWPS University, Poland</p> <p>Meta-emotion, co-parenting, and parental burnout Franco, M. G.¹; Baptista, R.; Beja, M.¹ ¹University of Madeira, Portugal</p> <p>Unconscious Guilt and Parental Burnout: A Sociodynamic Approach Ngnombouowo Tenkue, J.¹; Mbouofehuie, E. ¹Université de Yaoundé, Cameroon</p> <p>Relationship between parental burnout and emotional intelligence in the Basque Country Sarrionandia, A.¹; Soroa, G.¹ ¹University of the Basque Country, Spain</p>
17:00-17:30	Coffee break
17:30	<p>Room 143 IIPB meeting</p>
20:00	Social dinner

Friday – September 6th

8:30	Check-in Opening
9:00-10:30	<p style="text-align: center;">Room 249 SYMPOSIUM Chair: María Josefina Escobar</p> <p>Parental burnout and child development: Examining impacts, interactions, and pathways to intervention (co-parenting) Escobar, M. J.¹; Panesso, C.¹; Wang, W.²; Guo, X.; Hao, C.; Li, Y. ¹Universidad Adolfo Ibañez, Chile ²Institute of Psychology and Behavior, China</p> <p style="text-align: center;">Room 252 THEMATIC SESSION: GLOBAL PERSPECTIVES AND PARENTAL BURNOUT Chair: Seyyedeh Fatemeh Mousavi</p> <p>Decoding Algeria: Exploring the Intricacies of Social, Demographic, and Anthropological Dynamics Impacting Parental Burnout Medjahdi, O.¹; Moutassem-Mimouni, B.; Kelou, N.; Lassar, A.; Guellil, M.; Ainad tabet, I.; El ouad Meriem, I.; Larabi, I. ¹University Centre of Maghnia, Algeria</p> <p>The challenge of having young children and teenagers today. The experiences of maternal fatigue of some Angolan mothers Kandingi, A.¹ ¹Instituto Superior de Ciências da Educação - ISCED de Luanda, Angola</p> <p>Maternal Burnout from The Perspective of Their Teenage Daughters: A Qualitative Study Mousavi, S. F.¹ ¹Women Research Center, Alzahra University, Iran</p>
10:30-12:00	<p style="text-align: center;">Room 251 Networking Coffee</p>

12:00-13:00	<p>Floor 1 (Entrance floor) POSTER SESSION 2: CO-PARENTING AND FAMILY DIVERSITY</p>
	<p>The transition to parenthood: change in parent-grandparent relationship quality and links with first-time mothers' and fathers' distress van den Hurk, G.¹; Geeraerts, S.; Missler, M.; Branje, S.; Boelen, P. ¹Utrecht University, Netherlands</p>
	<p>Early Temperament and Maternal Burnout Wenig, S.; Bajgarova, Z.¹ ¹University of South Bohemia České Budějovice, Czech Republic</p>
	<p>Associations between parental burnout, co-parenting and perceived social support in a sample of French parents living in couple: network and directed acyclic graph analyses Wendland, J.¹; Boujut, E.; Dorard, G.; Scola, C.; Le Vigouroux, S. ¹Université Paris Cité, France</p>
	<p>Parental Burnout and Maternal Mental Health: Predictors of Parental Rejection Krocková, N.¹; Urban, K. ¹Charles University, Czech Republic</p>
	<p>The mediating role of burnout between workload and perceived stress: an Actor-Partner Interdependence Model in dual-earner parents with adolescents in the post-COVID era Schnettler, B.¹; Concha-Salgado, A.; Orellana, L.; Saracostti, M.; Beroíza, K.; Poblete, H.; Riquelme-Segura, L. ¹Universidad de La Frontera, Chile</p>
	<p>Young mothers' group as a safe space Grilc, A.¹; Rožič, T. ¹SRCD, Slovenia</p>
<p>Parenting stress – the meaning of child characteristic Omelanczuk, I.¹ ¹The Maria Grzegorzewska University, Poland</p>	
<p>Beyond the Nest: A Cross-Sectional Study on Co-Residency After Normative Age of Leaving the Nest and Parental Burnout in Turkish Families Çitil, E.¹; Çorapçı, F.; Schitteck, A.; Mikolajczak, M.</p>	

	<p>¹UCLouvain Parental Burnout Lab, Turkey</p> <p>"All it's me... All only me!" - economic abuse, parental burnout and the importance of family support for a black Brazilian single mother Britto, B.; Leal, D.; Loyola, V. ¹University of Brasília, Brazil</p> <p>The personality of foster mothers and its relationship to perceived parenting stress Zebrowska, I.¹ ¹The Maria Grzegorzewska University, Poland</p>
13:00-14:00	Lunch
14:00-15:30	<p style="text-align: center;">Room 249 SYMPOSIUM Chair: Thanh Nguyen</p> <p>Exploring the Antecedents and Outcomes of Parental Burnout in Portuguese, British, and Vietnamese Families (<i>co-parenting</i>) Nguyen, T.¹; Mikolajczak, M.; Roskam, I.; Crespo, C.; Hasse, I.; Lima, M.L.; Quadros, F.; Roque, J. ¹Catholic University of Louvain, Belgium</p> <p style="text-align: center;">Room 252 THEMATIC SESSION: WAYFINDING THROUGH ADVERSITY AND CHANGE IN PARENTAL BURNOUT Chair: Maria Filomena Gaspar</p> <p>Conceptualizing burnout from the perspective of parents of children with complex care needs Patty, N. J. S.¹; van Meeteren, K. M.; Verdonk, M.; Ketelaar, M.; Schuengel, C.; Willemen, A. ¹Vrije Universiteit Amsterdam, The Netherlands</p> <p>Wayfinding: Adverse and Positive Childhood Experiences, Parental Burnout and Hope - co-developing and piloting a new tool for professionals and families Westerlund-Cook, S.¹ ¹University of Turku, Finland</p>

	<p>Replicating studies of a brief parental burnout scale: Evidence in the Portuguese context Matias, M.¹; Aguiar, J.; Fontaine, A. M.. ¹University of Porto, Portugal</p> <p>The study of change on parental burnout: The Parental Burnout Change Assessment Gaspar, M. F.; Robert, L.¹; Nogueira, S.; Roskam, I. ¹Université Catholique de Louvain, Belgium</p>
15:30-17:00	<p style="text-align: center;">Room 249 SYMPOSIUM Chair: Alice Schitteck</p> <p>The family portrait of Parental Burnout: Diving deeper into its relational landscape. Schitteck, A.¹; Jeanne, C.²; Desimpelaere, E.³ ¹UCLouvain, Belgium ²Université de Liège, Belgium ³Ghent University, Belgium</p> <p style="text-align: center;">Room 252 THEMATIC SESSION: INTER AND INTRA PERSONAL PROCESSES ON PARENTAL BURNOUT Chair: Gizem Arikan</p> <p>The role of parental symptoms and parental burnout in children's behaviour problems: A dyadic study Arikan, G.¹; Acar, I. H; Ustundag-Budak, A.M. ¹Ozyegin University, Turkey</p> <p>Childhood traumatic experiences in parenthood regret: Mediation by parental burnout when parents fail to mentalize trauma Carone, N.¹; Benzi, I. ¹University of Rome Tor Vergata, Italy</p> <p>The Mediating Role of Basic Psychological Needs in the Relationship between Loneliness and Parental Burnout: An Actor–Partner Interdependence Model Abidin, F. A.¹; Anindhita, V.; Sunardy, G. N.; Tjandjaja, J. K.</p>

	<p>¹Faculty of Psychology, Universitas Padjadjaran, Indonesia</p> <p>Perfectionism and Parental Burnout in Early Parenthood: On the Mediating Role of Emotional Dysregulation Hillewaert, L.; Brenning, K.; Soenens, B.; De Clercq, B.; Vliegen, N.</p> <p>¹Ghent University, Belgium</p>
17:00-17:30	Coffee break
17:30-18:30	<p>Auditorium 1</p> <p>Keynote 2: Current and future perspectives in parental burnout research Moira Mikolajczak & Isabelle Roskam</p>
18:30-19:00	<p>Auditorium 1</p> <p>Closing Ceremony</p>